



تجمع الشرقية الصحي  
Eastern Health Cluster  
شركة الصحة القايزة

# AGENDA



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HEALTH EDUCATION

# SCIENTIFIC AGENDA

This conference lasts for two days, and the scientific sessions are described as follows

## 1<sup>ST</sup> Day 25 JANUARY 2026

TIME	TITLE	SPEAKERS
7:00-8:00	Registration	
8:00 - 10:25	Opening Ceremony and Award Recognition	
10:25-10:30	Conference welcome speech	Dr. Huda Mohaini
Panel:1	Healthcare at Crossroads: Transformation and Future Ahead	Moderator: Dr. Rasha Al-Awwad
10:30-10:45	Transforming in health care system: From Vision to Reality	Mr. Sharif Omar
10:45-11:05	Best Practices for Virtual Consultations in Primary Care	Dr. Rasha alziyadi
11:05-11:25	From Clinic to Community: Bridging the Gap in Population Health	Dr.Saad Alshahrani
11:25 – 12:00	Panel Discussion	
12:00- 1:00	Prayer time + Lunch break	
Panel:2	Prevention At the Core	Moderator: Dr. Horeia Taha Alfaraj
1:00 –1:20	Surveillance Systems for Communicable Diseases: From Data to Action	Dr.Esra Aldawood
1:20 – 1:45	Igniting Outcomes: Lifestyle Medicine that sticks in Family Practice	Dr. Abdullah Albeirutty
1:45 – 2:05	Panel Discussion	
2:05 -2:35	Early Detection of Pediatric Eye Disorders: A Primary Care Perspective	Dr.Ghada Alnosair
2:35 – 3:05	Shingles Burden in Older Adults & Importance of Vaccination	Dr. Ibrahim Al Zahrani
3:05 – 3:20	Unmasking the true burden of RSV in older adults and prevention strategies	Dr. Ibrahim Al Zahrani
Panel 3:	Frontline Care: Managing Urgent Cases in Primary Health Care _ Moderator: Dr. Ammar Abu zuhairah	
3:20 – 3:45	Managing Acute Asthma in Urgent Care Setting	Dr. Mohammed Almulhim
3:45 – 4:10	Hyperglycemia in PHC/Urgent Care: Safe and Effective Approaches	Dr. Faisal Alotaibi
4:10 – 4:35	Chest Pain in PHC: Identifying Red Flags and Making Confident Decisions	Dr. Maryam AlQaseer
4:35 – 5:00	Panel Discussion	
	Discussion + Close Remarks	



# SCIENTIFIC AGENDA

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**2<sup>nd</sup> Day**      **26 JANUARY 2026**

TIME	TITLE	SPEAKERS
7:00-8:00	Registration	
<b>Panel 4:</b>	<b>Metabolic Matters: Key Challenges in Primary Care</b> Moderator: Dr. Nasser Bukhamseen	
8:00-8:30	Optimizing Diabetes Management in Chronic Kidney Disease	Dr. Yousef Alzahib
8:30-9:05	Obesity in Primary Care: Pharmacologic Options, Counseling Techniques, and Referral Pathways	Dr. Waleed Albaker
9:05 – 10:35	Osteoporosis in Primary Care: Early Detection, Risk Stratification, and Treatment	Dr. Aisha Alwosaifer
<b>10:35 – 10:50</b>	<b>Panel Discussion</b>	
10:50- 11:10	From Awareness to Elimination: The Role of Family Medicine in HPV-Related Cancer Prevention	Dr. Doaa Abbas
<b>Panel 5:</b>	<b>Primary Healthcare Meets the Specialists: Integrating Subspecialty Care _ Moderator: Dr. Wejdan Saleh Manah</b>	
11:10- 11:45	Comprehensive Updates on Diagnosis, and Management of Hair Loss	Dr. Najla Aldawsari
11:45- 12:15	Diseases you don't like to treat	Dr. Nezar Bahabri
<b>12:15 -1:15</b>	<b>Prayer time + Lunch break</b>	
1:15- 1:45	Breast Health in Primary Care: Screening, Risk Assessment, and Counseling	Dr. Mona Al-Shaikh
1:45 - 2:15	Abnormal Uterine Bleeding: Evaluation and Initial Management in PHC	Dr. Jawharah Alosaimi
<b>2:15- 2:30</b>	<b>A legacy of protection in pneumococcal vaccine</b>	<b>Dr. Ali Al Saeed</b>
<b>Panel 6:</b>	<b>Early signs to Late stages: Cognitive and Mental Health Across the Lifespan in Primary Care</b> Moderator: Dr. Nourah Alshehri , Dr Aisha Al-Essa	
2:15- 2:30	Initiating Treatment for Depression and Anxiety in Primary Care	Dr. Wejdan Aljohani
3:00-3:30	Early Identification of Developmental Delays in Primary Care: What Every Family Physician Should Know	Dr. Faisal Al- Qurashi
3:30 - 4:00	Cognitive Decline and Dementia: Early Detection and Support Strategies in Family Practice	Dr. Shatha Alzuhair
	<b>Discussion + Close Remarks</b>	





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